

Calvary Chapel of Philadelphia



CHILDREN'S MINISTRY TEACHER'S PACKET

3rd - 5th Grade

Sunday Morning

Study 5

Proverbs 4

Proverbs 4

The Objective is the key concept for this weeks lesson. It should be the main focus of the study

These are the key verses that you will find helpful in teaching your study this week. The "Main passage" is the basis of the study, where the other verse support the objective of the lesson.

There is a memory verse for the students that relates to every study. If a student can memorize the verse for the following week you may give them a prize from the "reward box" found on your cart.

An introductory activity or question that will settle the class, draw their attention to the study and prepare their hearts for God's Word

Objective To remind the students that wisdom and knowledge must be remembered and practiced if it is to be effective.

Key Verses

Proverbs 4

James 1:22-25

Memory Verse - Proverbs 4:5

Get wisdom! Get understanding!
Do not forget, nor turn away from the words of my mouth.

Hook Review last week's memory verse, Proverbs 3:1-2.

Ask the students if they can remember any of the memory verses from their studies from last year. A list of last year's verses is provided on pages 5-6. (3rd grade students will have had a different set coming from 2nd grade)

Ask the students why we memorize Scripture. If they don't remember any of the Scriptures that we give to them are they going to really be helpful? Let them know that memorizing Scripture is only valuable if we remember the verses AND put them into practice.

What does the Bible say? This is where we will read a passage or series of passages that teach on the subject of the day.

BOOK

Much like the first three chapters, Proverbs 4 puts a large emphasis on attaining wisdom. This chapter, however, also emphasizes retaining, reviewing, and applying that knowledge. In the first 3 verses we have a now familiar refrain, we are told to *hear instruction* and to *give attention to understanding*; but in verse 4 the focus shifts. Solomon tells us that his father taught him to seek diligently after wisdom and to ALSO *retain* it and to *keep his commands*. The direction is clear, the value of wisdom is found in not just learning, but also remembering and applying that wisdom to our day to day lives.

Verses 10-13 repeat this theme, telling us again to hear and receive wise instruction and that if we *keep her* and *do not let go* then we will be led in right paths and not be stumbled.

From 14-19 we are given more practical wisdom involving paths of the wise and the wicked. The wicked walk in darkness, hiding their deeds because they know that they are evil. The wise, however, walk in light, showing their deeds to the world knowing that they are righteous. We are again encouraged to turn from evil, to keep our mouth free from deceit, and to continue to look toward the Lord (verses 20-25). The chapter finishes by telling us to examine our lives, our thoughts, words and actions, and to allow all of those things to be established by the Lord. Once we have done that we should not turn to the left or the right but continue on the path of wisdom and righteousness.

The interpretation/exegesis of the passage. What does this passage mean? How does this passage apply to my life?

LOOK

Knowledge and wisdom are incredibly valuable things. As the saying goes, "Knowledge is power." That is why we go to school to learn important things like how to read and write, how to count and do math, and a whole host of other things. Gaining knowledge and wisdom is one of the key themes of the book of Proverbs, but knowledge and wisdom are useless if we are not willing to use that information or if we are unable to remember it.

No one would learn how to add and subtract but then decide that they were never going to actually use that skill in real life. They wouldn't be able to use money to pay for things, or find someone's address. It would be utterly foolish. The same is true with God's instruction. He has given us His word to protect us, to train us, to encourage us. and to keep us from falling into sin. Those are all wonderful things, but knowledge without action is useless. We have to take in God's word to us and then

LOOK (Continued)

put it into practice.

James 1 tells us “be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; for he observes himself, goes away, and immediately forgets what kind of man he was. But he who looks into the perfect law of liberty and continues in it, and is not a forgetful hearer but a doer of the work, this one will be blessed in what he does.” James tells us (just like Proverbs 4) that if we don’t do the things that we are taught then we may as well have never learned it in the first place. It is only the person who hears AND does who is blessed.

We are encouraged to put the teachings of God in front of us continually so that we can remember His instruction and when the need arises (which is constant in our lives) to apply His wisdom to our circumstances. So what specifically does this chapter encourage us to learn and to apply to our lives? First it tells us to put aside perverse lips and deceitful mouth. The Lord cares about how we use our tongues. We should not be allowing lies, gossip or unclean language to come out of our mouths.

The Lord also cares about where we set our eyes. He wants us to be focused on Him and the things of His kingdom. Philippians 4 tells us, “Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. This is why we give you bible verses every week to memorize: so that you will continually have His wisdom and instruction put in front of you, so that you can learn it and put it into practice.

TOOK

As a class, memorize Proverbs 4:5.

Ask the students again, why should memorize Scripture? Give them some practical ideas of ways to help with memorization such as writing it out by hand three times, taping the memory verse card to the bathroom mirror so they see it every day, making up a song from the verse, etc.

Pray: Thank the Lord for generously giving us His word. Ask for help in keeping His instruction before us and in applying His Word to our lives daily.

Parent Question: What does Proverbs call the man who learns God’s Word but doesn’t do what it says?

What is my response to this passage of Scripture? How should my life change according to what this passage teaches me? What are the practical things I can do throughout the week to make this true in my life.

Last year's Bible verses

John 1:6-7 "There was a man sent from God, whose name was John. This man came for a witness, to bear witness of the Light, that all through him might believe."

Luke 2:11 "For unto you is born this day in the city of David a Savior, who is Christ the Lord."

Heb 4:12 "For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart."

Luke 4:32 "And they were astonished at His teaching, for His word was with authority."

2 Timothy 2:15 "Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth."

Matthew 5:43-44 "You have heard that it was said, 'You shall love your neighbor and hate your enemy.' But I say to you, love your enemies, bless those who curse you, do good to those who hate you"

Matthew 16:14-15 "Jesus said to them, "But who do you say that I am?" Simon Peter answered and said, "You are the Christ, the Son of the living God."

James 1:22 "But be doers of the word, and not hearers only, deceiving yourselves."

Matthew 28:18 "And Jesus came and spoke to them, saying, 'All authority has been given to Me in heaven and on earth.'"

John 1:14 "And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth"

Matt 22:37-39 “Jesus said to him, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.” This is the first and great commandment. And the second is like it: “You shall love your neighbor as yourself.””

James 5:16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

Rom 10:9 “That if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.”

Luke 9:23 “Then He said to them all, ‘If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.’”

Lk 15:10 "Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who repents.”

Mark 8:36 “For what shall it profit a man, if he shall gain the whole world, and lose his own soul?

Psa 118:1 Oh, give thanks to the Lord, for He is good! For His mercy endures forever.

Rev 22:12-13 “And behold, I am coming quickly, and My reward is with Me, to give to every one according to his work. I am the Alpha and the Omega, the Beginning and the End, the First and the Last.”

1 Thess 5:2 For you yourselves know perfectly that the day of the Lord so comes as a thief in the night.

1 Cor 11:26 For as often as you eat this bread and drink this cup, you pro-claim the Lord’s death till He comes.

Lam 3:22-23 “The LORD's loving kindnesses indeed never cease, for His compassions never fail. They are new every morning; Great is Your faithfulness.”

FURTHER STUDY

Commentary on Proverbs 4 by Matthew Henry

Chapter 4

When the things of God are to be taught precept must be upon precept, and line upon line, not only because the things themselves are of great worth and weight, but because men's minds, at the best, are unapt to admit them and commonly prejudiced against them; and therefore Solomon, in this chapter, with a great variety of expression and a pleasant powerful flood of divine eloquence, inculcates the same things that he had pressed upon us in the foregoing chapters. Here is,

I. An earnest exhortation to the study of wisdom, that is, of true religion and godliness, borrowed from the good instructions which his father gave him, and enforced with many considerable arguments (v. 1-13).

II. A necessary caution against bad company and all fellowship with the unfruitful works of darkness (v. 14-19).

III. Particular directions for the attaining and preserving of wisdom, and bringing forth the fruits of it (v. 20-27).

So plainly, so pressingly, is the case laid before us, that we shall be for ever inexcusable if we perish in our folly.

Pro 4:1-13

Here we have,

I. The invitation which Solomon gives to his children to come and receive instruction from him (v. 1, 2): Hear, you children, the instruction of a father. That is,

1. "Let my own children, in the first place, receive and give good heed to those instructions which I set down for the use of others also.' Note, Magistrates and ministers, who are entrusted with the direction of larger societies, are concerned to take a more than ordinary care for the good instruction of their own families; from this duty their public work will by no means excuse them. This charity must begin at home, though it must not end there; for he that has not his children in subjection with all gravity, and does not take pains in their good education, how shall he do his duty as he ought to the church of God? 1 Tim. 3:4, 5. The children of those that are eminent for wisdom and public usefulness ought to improve in knowledge and grace in proportion to the advantages they derive from their relation to such parents. Yet it may be observed, to save both the credit and the comfort of those parents whose children do not answer the hopes that arose from their education, that Rehoboam, the son of Solomon, was far from being either one of the wisest or one of the best. We have reason to think that thousands have got more good by Solomon's proverbs than his own son did, to whom they seem to have been dedicated.

2. Let all young people, in the days of their childhood and youth, take pains to get knowledge and grace, for that is their learning age, and then their minds are formed and seasoned. He does not say, My children, but You children. We read but of one son that Solomon had of his own; but (would you think it?) he is willing to set up for a schoolmaster, and to teach other people's children! for at that age there is most hope of success; the branch is easily bent when it is young and tender.

3. Let all that would receive instruction come with the disposition of children, though they be grown persons. Let all prejudices be laid aside, and the mind be as white paper. let them be dutiful, tractable, and self-diffident, and take the word as the word of a father, which comes both with authority and with affection. We must see it coming from God as our Father in heaven, to whom we pray, from whom we expect blessings, the Father of our spirits, to whom we ought to be in subjection, that we may live. We must look upon our teachers as our fathers, who love us and seek our welfare; and therefore though the instruction carry in it reproof and correction, for so the word signifies, yet we must bid it welcome. Now,

(1.) To recommend it to us, we are told, not only that it is the instruction of a father, but that it is understanding, and therefore should be welcome to intelligent creatures. Religion has reason on its side, and we are taught it by fair reasoning. It is a law indeed (v. 2), but that law is founded upon doctrine, upon unquestionable principles of truth, upon good doctrine, which is not only faithful, but worthy of all acceptance. If we admit the doctrine, we cannot but submit to the law.

(2.) To rivet it in us, we are directed to receive it as a gift, to attend to it with all diligence, to attend so as to know it, for otherwise we cannot do it, and not to forsake it by disowning the doctrine or disobeying the law.

II. The instructions he gives them. Observe,

1. How he came by these instructions; he had them from his parents, and teaches his children the same that they taught him, v. 3, 4. Observe,

(1.) His parents loved him, and therefore taught him: I was my father's son. David had many sons, but Solomon was his son indeed, as Isaac is called (Gen. 17:19) and for the same reason, because on him the covenant was entailed. He was his father's darling, above any of his children. God had a special kindness for Solomon (the prophet called him Jedidiah, because the Lord loved him, 2 Sa. 12:25), and for that reason David had a special kindness for him, for he was a man after God's own heart. If parents may ever love one child better than another, it must not be till it plainly appears that God does so. He was tender, and only beloved, in the sight of his mother. Surely there was a manifest reason for making such a distinction when both the parents made it. Now we see how they showed their love; they catechised him, kept him to his book, and held him to a strict discipline. Though he was a prince, and heir-apparent to the crown, yet they did not let him live at large; nay, therefore they tutored him thus. And perhaps David was the more strict with Solomon in his education because he had seen the ill effects of an undue indulgence in Adonijah, whom he had not crossed in any thing (1 Ki. 1:6), as also in Absalom.

(2.) What his parents taught him he teaches others. Observe, [1.] When Solomon was grown up he not only remembered, but took a pleasure in repeating, the good lessons his parents taught him when he was a child. He did not forget them, so deep were the impressions they made upon him. He was not ashamed of them, such a high value had he for them, nor did he look upon them as the childish things, the mean things, which, when he became a man, a king, he should put away, as a disparagement to him; much less did he repeat them: as some wicked children have done, to ridicule them, and make his companions merry with them, priding himself that he had got clear from grave lessons and restraints.[2.] Though Solomon was a wise man himself, and divinely inspired, yet, when he was to teach wisdom, he did not think it below him to quote his father and to make use of his words. Those that would learn well, and teach well, in religion, must not affect new-found notions and new-coined phrases, so as to look with contempt upon the knowledge and language of their predecessors; if we must keep to the good old way, why should we scorn the good old words? Jer. 6:16.

[3.] Solomon, having been well educated by his parents, thought himself thereby obliged to give his children a good education, the same that his parents had given him; and this is one way in which we must requite our parents for the pains they took with us, even by showing piety at home, 1 Tim. 5:4. They taught us, not only that we might learn ourselves, but that we might teach our children, the good knowledge of God, Ps. 78:6. And we are false to a trust if we do not; for the sacred deposit of religious doctrine and law was lodged in our hands with a charge to transmit it pure and entire to those that shall come after us, 2 Tim. 2:2.

[4.] Solomon enforces his exhortations with the authority of his father David, a man famous in his generation upon all accounts. Be it taken notice of, to the honour of religion, that the wisest and best men in every age have been most zealous, not only for the practice of it themselves, but for the propagating of it to others; and we should therefore continue in the things which we have learned, knowing of whom we have learned them, 2 Tim. 3:14.

2. What these instructions were, v. 4-13.

(1.) By way of precept and exhortation. David, in teaching his son, though he was a child of great capacity and quick apprehension, yet to show that he was in good earnest, and to affect his child the more with what he said, expressed himself with great warmth and importunity, and inculcated the same thing again and again. So children must be taught. Deu. 6:7, Thou shalt whet them diligently upon thy children. David, though he was a man of public business, and had tutors for his son, took all this pains with him himself.

[1.] He recommends to him his Bible and his catechism, as the means, his father's words (v. 4), the words of his mouth (v. 5), his sayings (v. 10), all the good lessons he had taught him; and perhaps he means particularly the book of Psalms, many of which were Maschils-psalms of instruction, and two of them are expressly said to be for Solomon. These, and all his other words, Solomon must have an eye to.

First, He must hear and receive them (v. 10), diligently attend to them, and imbibe them, as the earth drinks in the rain that comes often upon it, Heb. 6:7. God thus bespeaks our attention to his word: Hear, O my son! and receive my sayings.

Secondly, He must hold fast the form of sound words which his father gave him (v. 4): Let thy heart retain my words; and except the word be hid in the heart, lodged in the will and affections, it will not be retained.

Thirdly, He must govern himself by them: Keep my commandments, obey them, and that is the way to increase in the knowledge of them, Jn. 7:17.

Fourthly, He must stick to them and abide by them: "Decline not from the words of my mouth (v. 5), as fearing they will be too great a check upon thee, but take fast hold of instruction (v. 13), as being resolved to keep thy hold and never let it go.' Those that have a good education, though they strive to shake it off, will find it hang about them a great while, and, if it do not, their case is very sad.

[2.] He recommends to him wisdom and understanding as the end to be aimed at in the use of these means; that wisdom which is the principal wisdom, get that. Quod caput est sapientia eam acquire sapientiam-Be sure to mind that branch of wisdom which is the top branch of it, and that is the fear of God, ch. 1:7. Junius and Tremellius. A principle of religion in the heart is the one thing needful; therefore, First, Get this wisdom, get this understanding, v. 5. And again, "Get wisdom, and with all thy getting, get understanding, v. 7. Pray for it, take pains for it, give diligence in the use of all appointed means to attain it. Wait at wisdom's gate, Prov. 8:34. Get dominion over thy corruptions, which are thy follies: get possession of wise principles and the habits of wisdom. Get wisdom by experience, get it above all thy getting; be more in care and take more pains to get this than to get the wealth of this world; whatever thou forgettest, get this, reckon it a great achievement, and pursue it accordingly.' True wisdom is God's gift, and yet we are here commanded to get it, because God gives it to those that labour for it; yet, after all, we must not say, Our might and the power of our hand have gotten us this wealth.

Secondly, Forget her not (v. 5), forsake her not (v. 6), let her not go (v. 13), but keep her. Those that have got this wisdom must take heed of losing it again by returning to folly: it is indeed a good part, that shall not be taken from us; but then we must take heed lest we throw it from us, as those do that forget it first, and let it slip out of their minds, and then forsake it and turn out of its good ways. That good thing which is committed to us we must keep, and not let it drop, through carelessness, nor suffer it to be forced from us, nor suffer ourselves to be wheedled out of it; never let go such a jewel.

Thirdly, Love her (v. 6), and embrace her (v. 8), as worldly men love their wealth and set their hearts upon it. Religion should be very dear to us, dearer than any thing in this world; and, if we cannot reach to be great masters of wisdom, yet let us be true lovers of it; and what grace we have let us embrace it with a sincere affection, as those that admire its beauty.

Fourthly, "Exalt her, v. 8. Always keep up high thoughts of religion, and do all thou canst to bring it into reputation, and maintain the credit of it among men. Concur with God in his purpose, which is to magnify the law and make it honourable, and do what thou canst to serve that purpose.' Let Wisdom's children not only justify her, but magnify her, and prefer her before that which is dearest to them in this world. In honouring those that fear the Lord, though they are low in the world, and in regarding a poor wise man, we exalt wisdom.

(2.) By way of motive and inducement thus to labour for wisdom, and submit to the guidance of it, consider,

[1.] It is the main matter, and that which ought to be the chief and continual care of every man in this life (v. 7): Wisdom is the principal thing; other things which we are solicitous to get and keep are nothing to it. It is the whole of man, Eccl. 12:13. It is that which recommends us to God, which beautifies the soul, which enables us to answer the end of our creation, to live to some good purpose in the world, and to get to heaven at last; and therefore it is the principal thing.

[2.] It has reason and equity on its side (v. 11): "I have taught thee in the way of wisdom, and so it will be found to be at last. I have led thee, not in the crooked ways of carnal policy, which does wrong under colour of wisdom, but in right paths, agreeable to the eternal rules and reasons of good and evil.' The rectitude of the divine nature appears in the rectitude of all the divine laws. Observe, David not only taught his son by good instructions, but led him both by a good example and by applying general instructions to particular cases; so that nothing was wanting on his part to make him wise. [3.] It would be much for his own advantage: "If thou be wise and good, thou shalt be so for thyself.' First, "It will be thy life, thy comfort, thy happiness; it is what thou canst not live without.' Keep my commandments and live, v. 4. That of our Saviour agrees with this, If thou wilt enter into life, keep the commandments, Mt. 19:17. It is upon pain of death, eternal death, and in prospect of life, eternal life, that we are required to be religious. "Receive wisdom's sayings, and the years of thy life shall be many (v. 10), as many in this world as Infinite Wisdom sees fit, and in the other world thou shalt live that life the years of which shall never be numbered. Keep her therefore, whatever it cost thee, for she is thy life, v. 13. All thy satisfaction will be found in this;' and a soul without true wisdom and grace is really a dead soul.

Secondly, "It will be thy guard and guide, thy convoy and conductor, through all the dangers and difficulties of thy journey through this wilderness. Love wisdom, and cleave to her, and she shall preserve thee, she shall keep thee (v. 6) from sin, the worst of evils, the worst of enemies; she shall keep thee from hurting thyself, and then none else can hurt thee.' As we say, "Keep thy shop, and thy shop will keep thee;' so, "Keep thy wisdom, and thy wisdom will keep thee.' It will keep us from straits and stumbling-blocks in the management of ourselves and our affairs, v. 12.

1. That our steps be not straitened when we go, that we bring not ourselves into such straits as David was in, 2 Sa. 24:14. Those that make God's word their rule shall walk at liberty, and be at ease in themselves.

2. That our feet do not stumble when we run. If wise and good men be put upon sudden resolves, the certain rule of God's word which they go by will keep them even then from stumbling upon any thing that may be pernicious. Integrity and uprightness will preserve us.

Thirdly, "It will be thy honour and reputation (v. 8): Exalt wisdom (do thou but show thy good-will to her advancement) and though she needs not thy service she will abundantly recompense it, she shall promote thee, she shall bring thee to honour.' Solomon was to be a king, but his wisdom and virtue would be more his honour than his crown or purple; it was that for which all his neighbours had him so much in veneration; and no doubt, in his reign and David's, wise and good men stood fairest for preferment. However, religion will, first or last, bring all those to honour that cordially embrace her; they shall be accepted of God, respected by all wise men, owned in the great day, and shall inherit everlasting glory. This he insists on (v. 9): "She shall give to thy head an ornament of grace in this world, shall recommend thee both to God and man, and in the other world a crown of glory shall she deliver to thee, a crown that shall never totter, a crown of glory that shall never wither.' That is the true honour which attends religion. Nobilitas sola est atique unica virtus-Virtue is the only nobility! David having thus recommended wisdom to his son, no marvel that when God bade him ask what he would he prayed, Lord, give me a wise and an understanding heart. We should make it appear by our prayers how well we are taught.

Pro 4:14-19

Some make David's instructions to Solomon, which began v. 4, to continue to the end of the chapter; nay, some continue them to the end of the ninth chapter; but it is more probable that Solomon begins here again, if not sooner. In these verses, having exhorted us to walk in the paths of wisdom, he cautions us against the path of the wicked.

1. We must take heed of the ways of sin and avoid them, every thing that looks like sin and leads to it.

2. In order to this we must keep out of the ways of sinners, and have no fellowship with them. For fear of falling into wicked courses, we must shun wicked company. Here is,

I. The caution itself, v. 14, 15.

1. We must take heed of falling in with sin and sinners: Enter not into the paths of the wicked. Our teacher, having like a faithful guide shown us the right paths (v. 11), here warns us of the by-paths into which we are in danger of being drawn aside. Those that have been well educated, and trained up in the way they should go, let them never turn aside into the way they should not go; let them not so much as enter into it, no, not to make trial of it, lest it prove a dangerous experiment and difficult to retreat with safety. "Venture not into the company of those that are infected with the plague, no, not though thou think thyself guarded with an antidote.' 2. If at any time we are inveigled into an evil way, we must hasten out of it. "If, ere thou wast aware, thou didst enter in at the gate, because it was wide, go not on in the way of evil men. As soon as thou art made sensible of thy mistake, retire immediately, take not a step more, stay not a minute longer, in the way that certainly leads to destruction.'

3. We must dread and detest the ways of sin and sinners, and decline them with the utmost care imaginable.

"The way of evil men may seem a pleasant way and sociable, and the nearest way to the compassing of some secular end we may have in view; but it is an evil way, and will end ill, and therefore if thou love thy God and thy soul avoid it, pass not by it, that thou mayest not be tempted to enter into it; and, if thou find thyself near it, turn from it and pass away, and get as far off it as thou canst.' The manner of expression intimates the imminent danger we are in, the need we have of this caution, and the great importance of it, and that our watchmen are, or should be, in good earnest, in giving us warning. It intimates likewise at what a distance we should keep from sin and sinners; he does not say, Keep at a due distance, but at a great distance, the further the better; never think you can get far enough from it. Escape for thy life: look not behind thee.

II. The reasons to enforce this caution.

1. "Consider the character of the men whose way thou art warned to shun.' They are mischievous men (v. 16, 17); they not only care not what hurt they do to those that stand in their way, but it is their business to do mischief, and their delight, purely for mischief-sake. They are continually designing and endeavouring to cause some to fall, to ruin them body and soul. Wickedness and malice are in their nature, and violence is in all their actions. They are spiteful in the highest degree; for,

(1.) Mischief is rest and sleep to them. As much satisfaction as a covetous man has when he has got money, an ambitious man when he has got preferment, and a good man when he has done good, so much have they when they have said or done that which is injurious and ill-natured; and they are extremely uneasy if they cannot get their envy and revenge gratified, as Haman, to whom every thing was unpleasant as long as Mordecai was unchanged. It intimates likewise how restless and unwearied they are in their mischievous pursuits; they will rather be deprived of sleep than of the pleasure of being vexatious.

(2.) Mischief is meat and drink to them; they feed and feast upon it. They eat the bread of the wickedness (they eat up my people as they eat bread, Ps. 14:4) and drink the wine of violence (v. 17), drink iniquity like water, Job 15:16. All they eat and drink is got by rapine and oppression. Do wicked men think the time lost in which they are not doing hurt? Let good men make it as much their business and delight to do good. Amici, diem perdididi-Friends, I have lost a day. And let all that are wise, and wish well to themselves, avoid the society of the wicked; for,

[1.] It is very scandalous; for there is no disposition of mind that is a greater reproach to human nature, a greater enemy to human society, a bolder defiance to God and conscience, that has more of the devil's image in it, or is more serviceable to his interests, than a delight to do mischief and to vex, and hurt, and ruin every body.

[2.] It is very dangerous. "Shun those that delight to do mischief as thou tenderest thy own safety; for, whatever friendship they may pretend, one time or other they will do thee mischief; thou wilt ruin thyself if thou dost concur with them (ch. 1:18) and they will ruin thee if thou dost not.'

2. "Consider the character of the way itself which thou art warned to shun, compared with the right way which thou art invited to walk in.'

(1.) The way of righteousness is light (v. 18): The path of the just, which they have chosen, and in which they walk, is as light; the light shines on their ways (Job 22:28) and makes them both safe and pleasant. Christ is their way and he is the light. They are guided by the word of God and that is a light to their feet; they themselves are light in the Lord and they walk in the light as he is in the light.

[1.] It is a shining light. Their way shines to themselves in the joy and comfort of it; it shines before others in the lustre and honour of it; it shines before men, who see their good works, Mt. 5:16. They go on in their way with a holy security and serenity of mind, as those that walk in the light. It is as the morning-light, which shines out of obscurity (Isa. 58:8, 10) and puts an end to the works of darkness.

[2.] It is a growing light; it shines more and more, not like the light of a meteor, which soon disappears, or that of a candle, which burns dim and burns down, but like that of the rising sun, which goes forward shining, mounts upward shining. Grace, the guide of this way, is growing; he that has clean hands shall be stronger and stronger. That joy which is the pleasure of this way, that honour which is the brightness of it, and all that happiness which is indeed its light, shall be still increasing.

[3.] It will arrive, in the end, at the perfect day. The light of the dayspring will at length be noon-day light, and it is this that the enlightened soul is pressing towards. The saints will not be perfect till they come to heaven, but there they shall themselves shine as the sun when he goes forth in his strength, Mt. 13:43. Their graces and joys shall be all consummate. Therefore it is our wisdom to keep close to the path of the just.

(2.) The way of sin is as darkness, v. 19. The works he had cautioned us not to have fellowship with are works of darkness. What true pleasure and satisfaction can those have who know no pleasure and satisfaction but what they have in doing mischief? What sure guide have those that cast God's word behind them? The way of the wicked is dark, and therefore dangerous; for they stumble and yet know not at what they stumble. They fall into sin, but are not aware which way the temptation came by which they were overthrown, and therefore know not how to avoid it the next time. They fall into trouble, but never enquire wherefore God contends with them; they consider not that they do evil, nor what will be in the end of it, Ps. 82:5; Job 18:5, 6. This is the way we are directed to shun.

Pro 4:20-27

Solomon, having warned us not to do evil, here teaches us how to do well. It is not enough for us to shun the occasions of sin, but we must study the methods of duty.

I. We must have a continual regard to the word of God and endeavour that it may be always ready to us.

1. The sayings of wisdom must be our principles by which we must govern ourselves, our monitors to warn us of duty and danger; and therefore,

(1.) We must receive them readily: "Incline thy ear to them (v. 20); humbly bow to them; diligently listen to them.' The attentive hearing of the word of God is a good sign of a work of grace begun in the heart and a good means of carrying it on. It is to be hoped that those are resolved to do their duty who are inclined to know it.

(2.) We must retain them carefully (v. 21); we must lay them before us as our rule: "Let them not depart from thy eyes; view them, review them, and in every thing aim to conform to them.' We must lodge them within us, as a commanding principle, the influences of which are diffused throughout the whole man: "Keep them in the midst of thy heart, as things dear to thee, and which thou art afraid of losing.' Let the word of God be written in the heart, and that which is written there will remain.

2. The reason why we must thus make much of the words of wisdom is because they will be both food and physic to us, like the tree of life, Rev. 22:2; Eze. 47:12. Those that seek and find them, find and keep them, shall find in them,

(1.) Food: For they are life unto those that find them, v. 22. As the spiritual life was begun by the word as the instrument of it, so by the same word it is still nourished and maintained. We could not live without it; we may by faith live upon it.

(2.) Physic. They are health to all their flesh, to the whole man, both body and soul; they help to keep both in good plight. They are health to all flesh, so the Septuagint. There is enough to cure all the diseases of this dis-tempered world. They are a medicine to all their flesh (so the word is), to all their corruptions, for they are called flesh, to all their grievances, which are as thorns in the flesh. There is in the word of God a proper remedy for all our spiritual maladies.

II. We must keep a watchful eye and a strict hand upon all the motions of our inward man, v. 23. Here is,

1. A great duty required by the laws of wisdom, and in order to our getting and preserving wisdom: Keep thy heart with all diligence. God, who gave us these souls, gave us a strict charge with them: Man, woman, keep thy heart; take heed to thy spirit, Deu. 4:9. We must maintain a holy jealousy of ourselves, and set a strict guard, accordingly, upon all the avenues of the soul; keep our hearts from doing hurt and getting hurt, from being defiled by sin and disturbed by trouble; keep them as our jewel, as our vineyard; keep a conscience void of offence; keep out bad thoughts; keep up good thoughts; keep the affections upon right objects and in due bounds. Keep them with all keepings (so the word is); there are many ways of keeping things-by care, by strength, by calling in help, and we must use them all in keeping our hearts; and all little enough, so deceitful are they, Jer. 17:9. Or above all keepings; we must keep our hearts with more care and diligence than we keep any thing else. We must keep our eyes (Job 31:1), keep our tongues (Ps. 34:13), keep our feet (Eccl. 5:1), but, above all, keep our hearts.

2. A good reason given for this care, because out of it are the issues of life. Out of a heart well kept will flow living issues, good products, to the glory of God and the edification of others. Or, in general, all the actions of the life flow from the heart, and therefore keeping that is making the tree good and healing the springs. Our lives will be regular or irregular, comfortable or uncomfortable, according as our hearts are kept or neglected.

III. We must set a watch before the door of our lips, that we offend not with out tongue (v. 24): Put away from thee a froward mouth and perverse lips. Our hearts being naturally corrupt, out of them a great deal of corrupt communication is apt to come, and therefore we must conceive a great dread and detestation of all manner of evil words, cursing, swearing, lying, slandering, brawling, filthiness, and foolish talking, all which come from a froward mouth and perverse lips, that will not be governed either by reason or religion, but contradict both, and which are as unsightly and ill-favoured before God as a crooked distorted mouth drawn awry is before men. All manner of tongue sins, we must, by constant watchfulness and stedfast resolution, put from us, put far from us, abstaining from all words that have an appearance of evil and fearing to learn any such words.

IV. We must make a covenant with our eyes: "Let them look right on and straight before thee, v. 25. Let the eye be fixed and not wandering; let it not rove after every thing that presents itself, for then it will be diverted from good and ensnared in evil. Turn it from beholding vanity; let thy eye be single and not divided; let thy intentions be sincere and uniform, and look not asquint at any by-end.' We must keep our eye upon our Master, and be careful to approve ourselves to him; keep our eye upon our rule, and conform to that; keep our eye upon our mark, the prize of the high calling, and direct all towards that. Oculum in metam-The eye upon the goal.

V. We must act considerately in all we do (v. 26): Ponder the path of thy feet, weigh it (so the word is); "put the word of God in one scale, and what thou hast done, or art about to do, in the other, and see how they agree; be nice and critical in examining whether thy way be good before the Lord and whether it will end well.' We must consider our past ways and examine what we have done, and our present ways, what we are doing, whither we are going, and see that we walk circumspectly. It concerns us to consider what are the duties and what the difficulties, what are the advantages and what the dangers, of our way, that we may act accordingly. "Do nothing rashly.'

VI. We must act with steadiness, caution, and consistency: "Let all thy ways be established (v. 26) and be not unstable in them, as the double-minded man is; halt not between two, but go on in an even uniform course of obedience; turn not to the right hand not to the left, for there are errors on both hands, and Satan gains his point if he prevails to draw us aside either way. Be very careful to remove thy foot from evil; take heed of extremes, for in them there is evil, and let thy eyes look right on, that thou mayest keep the golden mean.' Those that would approve themselves wise must always be watchful.